

# Sowerby Primary Academy Newsletter No. 29



**Anyone interested in registering their child for a nursery place please contact Mrs. Clark Tel: 01845 523037. Or email: [admin@sowerbyacademy.org](mailto:admin@sowerbyacademy.org)**

## **‘Sowing seeds of success: growing courageous learners’**

**Tel: 01845 523037      [www.sowerbyacademy.org](http://www.sowerbyacademy.org)      Date: 1st May, 2024**

Newsletter 29

Dear Parents, Carers,

Happy Wednesday everyone. The Change Race is still in full swing so keep those pennies coming in. Please take the time to read the sections on internet safety as we are still having a number of outside school incidents where children are being targeted and although we do teach this in school it is not getting through that they are engaging in such things themselves. The online safety news in this weeks newsletter does highlight strategies for parents but also the harm this does to children's mental health. Thank you for your cooperation.

Keeley Ungerechts

Executive Headteacher

## Saplings Nursery



**Rosie O'Keeffe**



**Nursery Teacher**

## Trip to Railway Museum on 15th May, 2024

The children and staff are really looking forward to their upcoming trip to the National Railway Museum. This will be a great experience, our thanks go to FOSS for their funding and their teachers for taking them.



# On-line Safety Information



## Online Safety Newsletter

### May 2024


#### Smartphone Free Childhood

Smartphone Free Childhood is a parent-led movement whose mission is to protect children from the dangers of using smartphones too young.

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age. Are you ready to join? Find out more here: <https://smartphonefreechildhood.co.uk>

You may feel your child does need a phone, particularly if they are walking home by themselves but there are alternatives to the smartphone, including a watch, which are listed here: <https://smartphonefreechildhood.co.uk/alternatives>


If your child already has a smartphone then Internet Matters have a section on their website with advice on smartphone safety: <https://www.internetmatters.org/set-up-safe/>



#### Is being online affecting our child's mental health?

There are many positives to being online, but we do need to be aware of the negative aspects including those that may impact our child's mental health and wellbeing, for example:

- **Social media** (spending too much time on social media, comparing ourselves to others, filtered images and desire to achieve likes)
- **Cyberbullying**
- **Seeing inappropriate content**
- **Constantly connected/information overload**
- **Excessive screentime**
- **Negative impact on our sleep**



**Further information**

- Childnet discusses digital wellbeing in more detail and includes top tips and conversation starters: <https://www.childnet.com/help-and-advice/digital-wellbeing/>
- The NSPCC provides further information about mental health including signs to look out for and how to get further support: <https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/>

#### WhatsApp Group warning

Whilst WhatsApp has an age rating of 13+ (recently lowered from 16), a BBC investigation has found that children as young as nine have been added to WhatsApp groups and seen inappropriate content. If your child is using WhatsApp, check their group settings as by default, group privacy settings are set to 'everyone', which means anybody can add your child to a group without their approval. You can change this setting to 'My Contacts' so only contacts can add them to groups without their approval and if somebody who is not a contact wants to add them to a group then they will need to send them an invite.

You should talk to your child about the risks of joining groups and show them how to use the reporting/blocking tools. You can find out more about the BBC investigation here: <https://www.bbc.co.uk/news/articles/cy04r8n1p9g>


Users of this guide do so at their own discretion. No liability is entered into.  
Current as of the date released 01.05.24.

## Digital Addiction

Are you worried that your child is addicted to being online/on their device? Recent research from Ofcom reported that "34% of parents of children aged 3-4 said it was hard to control it, rising to half (49%) of parents of children aged 16-17."\* Bark have produced a blog which discusses what addiction is, how to recognise the signs and examples of what digital addiction can look like. You can find the blog here:

<https://www.bark.us/blog/digital-addictions/>

(\*source: <https://www.ofcom.gov.uk/research-and-data/media-literacy-research/children-and-parents-media-use-and-attitudes-report-2024>, accessed 24.4.24)



## Misinformation online

There is a lot of information online that is incorrect/fake or misleading and it can sometimes be difficult for adults to distinguish between what is true and what is fake, never mind for younger people. We need to develop digital literacy skills in our children by encouraging them to think critically about what they read online and to fact check. Both the BBC and Channel 4 have fact checking areas on their websites:


- <https://www.bbc.co.uk/news/reality-check>
- <https://www.channel4.com/news/factcheck/>

One way to start the conversation would be to play a game such as 'Can you spot the signs of fake news?' from the BBC:

<https://www.bbc.co.uk/bitesize/articles/zwfm8hw>

**Further information**

- <https://saferinternet.org.uk/online-issue/misinformation>



### Online Gaming Safety Tips For parents/carers of neurodivergent young people

Internet Matters have published guidance outlining the benefits and risks of online gaming and how you can support your neurodivergent child. You can read the guide here:

<https://www.flipsnack.com/internetmatterscorp/guidance-for-parents-of-neurodivergent-gamers-internet-matters/full-view.html>

### Encountering violent online content starts at primary school.

New research commissioned by Ofcom reported that "all children who took part in the research came across violent content online, mostly via social media, video sharing and messaging sites and apps. Many tell us this is before they have reached the minimum age requirement to use these services".

You can read more about Ofcom's findings here:

<https://www.ofcom.gov.uk/news/esmre/2024/encountering-violent-online-content-starts-at-primary-school>

### Talking about online toxicity

Vodafone have published an article highlighting research which shows that "69% of preadolescent boys have encountered misogynistic content online". This article discusses how to approach this issue with your child and what to do if they start repeating negative views seen online.

<https://www.vodafone.co.uk/newscentre/smart-living/digital-parenting/how-to-talk-to-your-teenage-sons-about-online-toxicity/>

## Application for Free School Meals

Dear Parents and Carers,

As you may know, students from families who meet certain criteria (see below) may be eligible for Free School Meals and/or Pupil Premium funding. We want to ensure that we provide the best possible education here at Sowerby Primary Academy, supporting students to climb their own personal mountain to the best universities or professions. A healthy meal at lunchtime is an essential part of this. We want to support our families to apply to receive this for free wherever possible.

As a school we are given addition funding for Pupil Premium Free School Meal children that is pooled and used for extra support and initiatives throughout school. More details of how this is spent is on the school website. This also entitles your child to the FEAST free activities which take place throughout the school holidays.

**If you receive one of the following benefits, please apply for your child's Free School Meals using the link <https://apply.cloudforedu.org.uk> from 1st December 2023**

- Universal Credit with an annual net earned income of no more than £7,400
- Income Support

- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual income of no more than £16,190

More details of how this is spent is on the school website.

If your application is successful your child/children will be eligible for one free hot meal at lunch time and also a free breakfast in Breakfast Club at 8.30am each day during term time.

You will need the below in order to apply:

- Your own name and date of birth
- Contact details
- National Insurance Number (or National Asylum Seekers Number)
- Child's name and date of birth
- School your child is attending/will attend

We are now moving onto an online tree school meal system (OFSM). We would be very grateful if all our families could fill in their details on this form, even if you have applied unsuccessfully in the past, or if you believe you are not entitled to additional funding. Our experience is that families often qualify without realising. The system re-checks details every term, and will automatically update our records if your status changes.

If your child already receives pupil premium free school meals, we would like you to input your information on this form also. In the first instance, it may say you are not entitled but the status will change as the system checks your details.

If you would like help with applying please contact Val Clark in the school office  
[admin@sowerbyacaemy.org](mailto:admin@sowerbyacaemy.org).

Yours faithfully,

Keeley Ungerechts

Mrs K Ungerechts

Executive Headteacher

## Year 3/4 Curriculum Assembly - Friday 24th May

The children have started planning this today. They are busy writing a script to be able to tell you about their learning this year. This will be a whole Year 3/4 assembly including Parks, Rashford and Rowling classes. We will start as soon as we can after 9am and will be finished by 10.30 am. We estimate that we will be able to accommodate two adults per child. More details to follow nearer the time.

## New Starters Meeting - MONDAY 13TH MAY, 2024

Please note that the meeting for the parents of the children starting in September is **Monday 13th May, 2024 at 5.30 p.m. and not the 23rd as previously stated.**

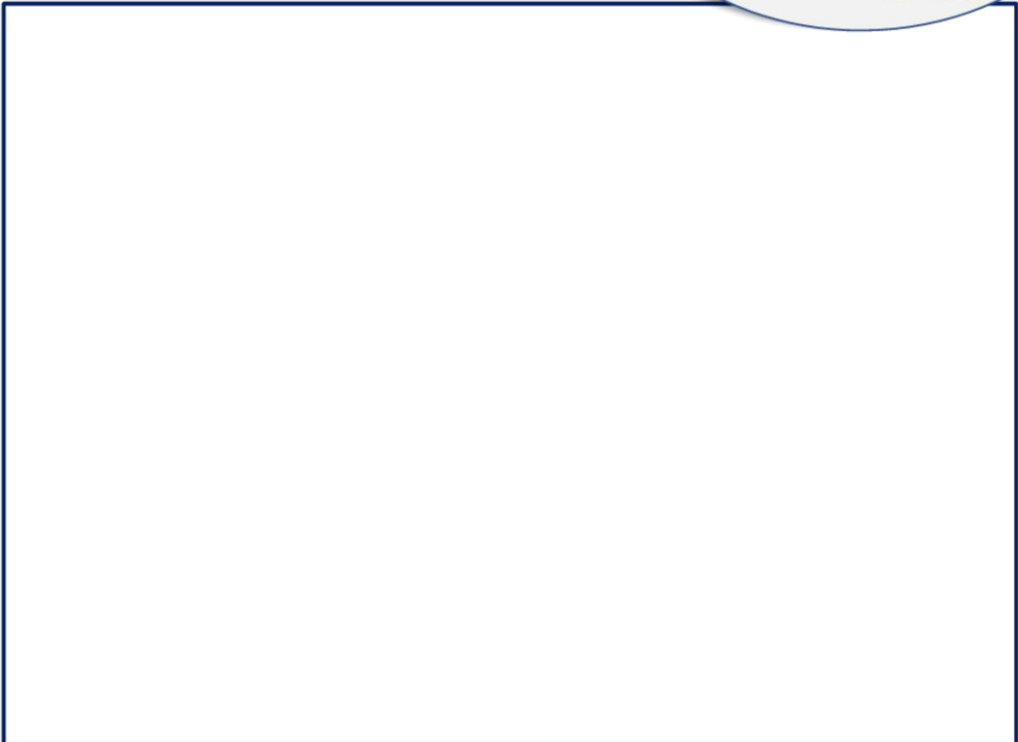
With the promise of better weather, please remember to send your child with a hat, sun cream and water bottle. Fingers crossed for some sunny weather, we live in hope!



## ONLINE SESSIONS For Parents/ Carers



NORTH  
YORKSHIRE  
COUNCIL





## UNDERSTANDING YOUR CHILD'S NEEDS

**For parents/carers of neurodiverse children**

**(with a diagnosis or awaiting assessment)**

**Presented by NYC Children and Families Service:**

### **Early Help**

WEDNESDAY 1ST MAY, 18:00 – 19:00

Supporting you to support your child through shutdown, meltdown and crisis

[Click here to join the session](#)

WEDNESDAY 5TH JUNE, 18:00 – 19:00

Supporting you and your child with their emotional and sensory regulation

[Click here to join the session](#)

WEDNESDAY 3RD JULY, 18:00 – 19:00

Supporting you and your child with sleep

[Click here to join the session](#)

**For more information contact [candfhubhambleton@northyorks.gov.uk](mailto:candfhubhambleton@northyorks.gov.uk) or [candfhubrichmond@northyorks.gov.uk](mailto:candfhubrichmond@northyorks.gov.uk)**

**OFFICIAL**

## FOSS News

Welcome back, we hope you've had a lovely break over Easter. FOSS have been working hard to organise your next event, The FOSS Change Race!

Starting on April 15th you and your friends will race against each other to collect loose change and pop it in the jar in your classroom. The race will run for 4 weeks, until May 10th.

The class who collects the most change over the 4 weeks will win a prize.

Ready, set, GOOOO!



## Nut Free School

Due to allergies, we are a nut-free school. Please be aware of this when sending food into school for snacks and packed lunches. Thank you for your co-operation.



## Health and Wellbeing

This term our PSHE focus is health and well being. We would like to kick this off with a reminder about healthy snacks and packed lunches. A bag of apples for the week also tends to be a cheaper option than some of the more unhealthy snacks. Please also observe our **nut-free school policy**.

Follow the link for further information. <https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>



## Tempest Photography



Tempest photography will be in school **on Thursday 2nd May, 2024** for children to have class photographs taken.

Children will need to wear full school uniform on this day. You may have read recently about a school where class photos excluded some children. I can reassure you that will definitely not be happening at Sowerby.

### **IMPORTANT: Parent Pay Reminder Information**

Please can we politely remind parents to keep their Parent Pay account in a positive balance to pay for school meals, breakfast club, Before and After School Club services etc.

School meals and Breakfast Club attendance must be paid on a **weekly basis**.

Nursery fees and Before and After School Club needs to be paid by the **7th of the following month**.

We regularly send text messages as a reminder. Please do not ignore these.

**All negative balances must be cleared by the end of each month.** Thank you.

## Parents Guide to Safety Settings



## A Parent's Guide to Safety and Privacy Settings



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online

**When you give a child access to the Internet, you give them access to the adult world.**

The Internet treats everyone as adults and there are many things, they are not yet ready to know, which is why it is vital that some form of safety settings are in place. Doing something is better than doing nothing.

**What happens online has an effect to what happens offline and what happens offline has an effect to what happens online.**



**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skipssed.com](mailto:info@skipssed.com) Tel: +44 121 227 1941

Developed in partnership with



In addition there are several parent apps to monitor your child's activity on phones and build in curfews etc. so they cannot be on during the time they should be asleep. We have never before had so many of our Y5/6 children involved in these apps and at some point experienced mean and unkind comments and feelings of being excluded or picked on. This causes anxiety and worries that then make it hard for them to feel comfortable coming into school the next day. Despite many lessons and PSHE coverage they are still feeling left out if they do not take part and picked on if they do. Too much pressure for our youngsters to be dealing with. Most happen outside school so we have very little we can do to help but sadly have to support anxious children with the aftermath.

<https://www.safetydetectives.com/blog/best-really-free-parental-control-apps/>

## Sickness

There seems to be a nasty tummy bug about at the moment and we have cases of Chickenpox too. We are encouraging pupils to wash hands and be careful.

Our policy is that children who have a virus which means that they are sick or have diarrhea, or both, need to stay away from school until **48 hours have passed** after the last bout of sickness or diarrhea. This helps prevent the spread of infection in the school.

Chickenpox is a minimum of five days from the appearance of the first spots and depending if your child is well enough to return to school. Thank you.

## School Uniform/Lost Property

### Uniform

We believe a uniform allows all children, regardless of background, to feel equal to their peers and confident in their appearance. We also believe it is important for activities to be facilitated by specialised and appropriate clothing such as sports-specific attire.

Can I take this opportunity at the start of term to remind parents of the expectations for uniform.

Blue School jumpers or cardigans

White/Blue polo shirts

Grey trousers, shorts, skirts, pinafore dress or summer 'gingham' dress.

Sensible black school shoes

Grey, white or black socks, or grey tights

### PE kit:

PE kits should be worn on PE days. No football tops and those with logos, expensive trainers etc. You will be directed by your child's class teacher if they require an indoor or outdoor P.E kit, or both.

#### *Indoor Kit:*

Black shorts and a plain white T-shirt & pumps or trainers.

#### *Outdoor Kit*

Black shorts, school sport hoodie, tracksuit bottoms or leggings, plain white t-shirt, trainers (that are suitable for outdoors), hat/cap if necessary.

#### Jewellery and make up

Children should not wear jewellery to school. If your child has pierced ears, 'studs' must be worn on school days and these must be removed for PE and swimming.

Nail varnish/ acrylic nails / make up are not allowed.

#### **Lost Property**

There is a significant amount of lost property in the box in the hall. Please come and check this/ask to check this at the end of the school day in KS1 playground. Please name ALL uniform so it can be returned.

## **Short Break Funding - 2024 - 2025**

The Short Break Grants for this year opens 1st May 2024. The deadline for submitting applications is 5pm on the 31st May 2024.

Parents and Carers with children who have a disability, but are not open to DCS, can apply for up to £350 to enable:

- Their child to take part in an enjoyable play or leisure opportunity
- Parents/Carers to have a short break from their caring responsibilities
- Have an opportunity for children and young people to meet with their friends, or a chance for their child to learn or develop a skill.

Please promote to the families that you are supporting and have a look at the link below for the further information about Short Breaks Application process and eligibility criteria.

[Short breaks for disabled children and young people | North Yorkshire Council](#)

Many thanks

Siobhan MacDonald

Senior Early Help Consultant

Children and Families Service : Early Help



## Dragonflies

Please can we ask that you inform Dragonflies if your child is not attending a pre-booked session, i.e if they are going home with a friend etc. This can be done by contacting Miss Richardson on [dragonfly@sowerbyacademy.org](mailto:dragonfly@sowerbyacademy.org) .

## Turn on the Subtitles



Did you know that turning on the subtitles on your TV at home is the easiest way to get your child reading?

Doing this can double the chance of your child becoming a good reader. Yes, it's really that simple.

Please visit <https://turnonthesubtitles.org/parents/> to see Hollywood legend Jack Black explain how you can turn screen time into reading time in 10 seconds.

If you found this helpful, please share it with as many other parents as possible.

## Sensory Garden



May we request any unwanted/grown out of wellies for use in our sensory garden. Thank you.

## NATIONAL FOODIES DAY - 9th May, 2024



Ham pizza with peas or beans and potato wedges (DF available)

Or

Cheese pizza with peas or beans and potato wedges (DF available)

Tuna sandwich with salad

Or

Jacket with beans and salad

Sticky toffee pudding with or without custard

Or

Fresh fruit and yoghurt



## **Year 6 Take Over the Menu! Thursday 16th May**

To celebrate the end of SATS! Our cooks have asked the children in Year 6 to choose their favourite meal. The menu below is for all children.

### **Thursday 16th May, 2024**

Sausage Roll with peas or beans and potato wedges

Or

Cheesey Wheel with peas or beans and potato wedges

Ham sandwich with salad

Or






Jacket with baked beans and salad

Jelly, Fresh fruit and yoghurt










## Next week's menu choice will be Week 1.

### Menu week 1

WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Ham & chesse panini ( DF available)	Bolognese with rice	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Tomato & basil pasta	Veggie korma with 50/50 rice	Cheese panini	Creamy Quorn chicken bake	 Vegan sausage & chunky chips
ACCOMPANIMENTS	 Peas & sweetcorn	Peas & carrots	 Seasonal salad	Broccoli & sweetcorn	Baked beans
DESSERTS	Fruit flapjack	Jam & coconut sponge	White chocolate cookie	Berry sponge	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna and sweetcorn. Ham sandwich	Jacket potato with cheese. Tuna and sweetcorn sandwich	Jacket with beans. Egg sandwich	Jacket with cheese. Ham sandwich	Jacket with cheese. Cheese sandwich



### Menu week 2

WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burger with baked potato wedges	Chicken dinner with a yorkshire pudding and creamy mash potato	Meatballs in tomato sauce served with wholemeal pasta	All day breakfast	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Quorn™ burger with chips	Quorn chicken dinner with yorkshire pudding and creamy mash	 Quorn™ in a Spanish style tomato sauce with rice	Vegetarian all day breakfast	Cheese and onion quiche
ACCOMPANIMENTS	 Baked beans	Peas & carrots Salad bar	 Seasonal salad	Sweetcorn & broccoli Salad bar	Peas & sweetcorn
DESSERTS	 Ginger biscuit	Oaty biscuit	 Chocolate brownie	Lemon drizzle	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna & sweetcorn. Ham sandwich.	Jacket with beans. Tuna & sweetcorn sandwich.	Jacket with cheese. Ham sandwich.	Jacket with beans. Cheese sandwich.	Jacket with cheese. Ham sandwich.



## Menu week 3

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Hot dog served in a bun with chips	Mild Chicken curry with rice	Chicken goujons with half a jacket potato	Sausage and tomato pasta	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Veggie sausage hotdog with baked wedges	Quorn chicken in a savoury rice	Quorn sausage roll with half a jacket potato	Cheesy wheel with rice	 Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 	Baked beans	Pea & carrots	Salad	Sweetcorn and broccoli	Veggie sticks
DESSERTS	Shortbread	Gingerbread person	Custard cream cookie	Chocolate crunch	Ice lolly
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato with tuna & sweetcorn. Ham sandwich	Jacket with baked beans. Tuna & sweetcorn sandwich	Jacket potato with cheese. Egg sandwich	Jacket with beans. Cheese sandwich	Jacket with cheese. Ham sandwich



## Dates for your diary

Tempest photography will be in school on Thursday 2nd May, 2024

May Day holiday - **Monday 6th May, 2024**

Teeth Team in school for children who have subscribed on Thursday 18th April, 2024.

Colour Run - Thursday, 20th June, 2024

Sports Day -Friday, 21st June, 2024

Year 5/6 Performance - Dress Rehearsal Monday 24th June at 1.30 pm

Performance for Parents Evening 25th and 26th June

Year 5 Enrichment Day at Thirsk School - 27th June, 2024

Thirsk Music Festival (Joint Primary Schools) Tuesday 2nd July, 2024

Summer Fair Thursday 4th July, 2024

Rock Steady Concert for participating parents - Tuesday 16th July 2.45 - 3.15pm

Leavers Assembly - Thursday, 18th July, 2024 at 1.30pm

### NEW STARTERS

**13th May - Parents meeting at 5.30 pm**

**Stay and Play 1.30pm 25th June**

**Teddy Bears Picnic 1.30pm on 1st July**

**Forests Schools 3.45 on 3rd July**

## **Bradley Lowery Foundation**



Hello,

I am writing to you today regarding our annual event "Cancer Has No Colours"

The Bradley Lowery Foundation established in August 2017 after Bradley Lowery, a young football fan passed away after a long battle with an aggressive childhood cancer, Neuroblastoma.

The charity supports families nationwide to help them access treatment or equipment, not yet available on the NHS.

We run our "Cancer Has No Colours" event from the 7th-14th of July, which was the day Bradley passed to the day of his funeral. To be involved, all we ask is that for 1 day, during this week, you allow children to attend school wearing either their favourite football tops, or their favourite team colours and donate £1 to the BLF.

All funds raised then go to the BLF to help support the families we work with to access treatment or equipment, helps fund research, or towards our holiday which we are building to offer much needed time away from long hospital stays.

If you have any questions, please don't hesitate to contact me directly on  
Brooke@bradleyloweryfoundation.com

**Donations to be sent directly to the Bradley Lowery Fund.**

## York City Foundation at Thirsk Sports Village

York City Foundation at Thirsk Sports Village on Friday Evenings - various ages for boys and girls! Please follow the links below for further information.

[Book Thirsk Skills Centre 10 - 13 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Falcons Fledglings 4 - 6 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Skills Centre 7 - 9 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)

[Book Thirsk Falcons Wildcats Session Girls Only 5 - 11 Summer Term from York City \(officialsoccerschools.co.uk\)](http://officialsoccerschools.co.uk)



The poster is for the York City Foundation Thirsk Falcons Wildcats. It features the York City Football Club crest on the left. The text on the right reads 'YCFC Foundation Thirsk Falcons Wildcats'. Below this, it says 'FOUNDATION Friday Evenings (Term Time Only)'. Further down, it lists 'Thirsk Falcons Wildcats Sessions ages 5 - 11 6:00 - 6.55pm At Thirsk Sports Village 3G Pitch YO7 1TS'. A circular photo shows a group of children in football kits. At the bottom, there are four colorful icons: 'Have Fun!' with a paw print, 'Make Friends' with a paw print, 'Wild CATS' with a cat face, and 'Play Football' with a rainbow and a football.

**YORK CITY**  
FOOTBALL CLUB

**YCFC**  
**Foundation**  
**Thirsk Falcons**  
**Wildcats**

**FOUNDATION**  
**Friday Evenings**  
(Term Time Only)

**Thirsk Falcons Wildcats**  
**Sessions ages 5 - 11**  
**6:00 - 6.55pm At**  
**Thirsk Sports Village**  
**3G Pitch**  
**YO7 1TS**

To book visit [officialsoccerschools.co.uk/Yorkcity](http://officialsoccerschools.co.uk/Yorkcity) or  
Email: [grassroots@yorkcityfcfoundation.co.uk](mailto:grassroots@yorkcityfcfoundation.co.uk)

**Have Fun!**  
**Make Friends**  
**Wild CATS**  
**Play Football**



## Simon Carson's Sports School

### MAY HALF TERM HOLIDAY CLUB



**MULTI  
SPORT**

**Arts &  
Crafts**

9:00am - 3:30pm  
Ages 5 - 11

£16  
28 spaces

VENUE:  
**SOWERBY PRIMARY ACADEMY**  
THIRSK, YO7 1RX

DATE:  
**WEDNESDAY 29TH MAY**

PLEASE SEND YOUR CHILD WITH A PACKED LUNCH, SNACKS AND PLENTY TO DRINK

TO BOOK, PLEASE VISIT:  
**SIMONCARSONSPORTSSCHOOL.CO.UK**



## All Stars Cricket

### What is All Stars Cricket?

All Stars Cricket provides a fantastic first experience for all children aged 5-8 years old where they're guaranteed 8 weeks of jam-packed fun, activity and skills development. The programme is designed to introduce children to the sport, teaching them new skills, helping them make new friends and have a great time doing so.

With an emphasis on FUN! Children will learn fundamental movement skills including catching, throwing and batting. Soft balls and plastic bats are used by everyone and all participants are given their very own All Stars Cricket T-Shirt which is personalised with their name on!

Happening at a local club near you for 8 weeks! Find your local cricket club at: <https://www.ecb.co.uk/play/all-stars>

### What is Dynamos Cricket?

Dynamos cricket provides a fantastic next step for those graduating from All Stars Cricket and the perfect introduction for 8-11 year-olds new to the sport!

Complementing junior cricket, Dynamos provides children with a more social offer focused on developing fundamental movement skills and applying them in an exciting game of Countdown cricket.

Every child who registers will receive their very own Dynamos Cricket New Balance t-shirt, personalised with their name and number!

Happening at a local club near you! Find your local cricket club at: <https://www.ecb.co.uk/play/dynamoscricket>"

It all starts with...



All Stars Cricket is the best cricket experience for **5-8 year-olds**

All kids are guaranteed to develop **new skills** while **having fun** and **making friends**

Participants receive a **personalised t-shirt**



Sign up today at  
**[allstarscricket.co.uk](http://allstarscricket.co.uk)**





## What's On and Thirsk News from Thirsk Tourist Information

Please follow the link for the latest newsletter:

<https://visitthirsk.uk/pages/whatson.php>

## Term Dates Academic Year 2024/2025

The term and holiday dates for the academic year 2024/2025 are on the school website. Please click on the link below to view these. Thank you. <https://www.sowerbyacademy.org/home/term-dates>

## Attendance and Authorised Holiday

I am sorry but we are not able to authorise any holidays in term time. It is imperative that we close educational gaps created by lost learning and we must follow DfE guidance on this. Thank you for your understanding. Exceptional Circumstances Leave [Request form must be submitted prior to leave being taken](#). This is also available on school website (parents tab/parents information)

Attendance is very important and this is monitored for every child. Any child with attendance below 90% is classed as PA Persistent Absence and we have a duty of care to follow this through to see how we

can support this getting better. We would communicate concerns about attendance, in the first instance, by letter. Letters for last term will be sent out this week.

Attendance last week of term

Whole School: 94.65%

Unauthorised Absence: 1.49%

Best class attendance last week: 100% **Earhart Class Well done!**

[School Calendar](#)



Please follow the link to calendar of events this term on our website.

[Up and coming events](#)