Sowerby Primary Academy Newsletter No. 25





Anyone interested in registering their child for a nursery place please contact Mrs. Clark Tel: 01845 523037. Or email: admin@sowerbyacademy.org

'Sowing seeds of success: growing courageous learners'

Tel: 01845 523037 www.sowerbyacademy.org Date: 20th March, 2024

Newsletter 25

Dear Parents, Carers,

I want to take the opportunity to wish all of our Sowerby families a Happy Easter. Hope you are looking forward to quality family time over the break. To just remind parents that all children will need to be collected at 2.30pm on Friday and Dragonfly pupils by 5.00pm. FOSS need a big thank you as do all who supported the Easter Egg Tombola. In total £288 was raised, which is amazing. It all goes to the cause of supporting trips and passing less costs on to families in the long run. More exciting events to come later in the year. Check the school calendar on the website.

Keeley Ungerechts

Exec Headteacher

Saplings Nursery



Nursery have had a jampacked spring term! We have enjoyed lots of stories: The Magic Paintbrush, Guess How Much I Love You, Each Peach Pear Plum, The Very Hungry Caterpillar and this week The Great Big Easter Hunt with Peter Rabbit.

We are doing amazing with our phonics and have so far covered s a t p i n and m! We have also thought about height, length and time!

School and Nursery break up at **2.30pm on Friday 22nd March a**nd we look forward to hearing all about your Easter holidays!

Rosie O'Keeffe

Nursery Teacher







Parents Evenings

Parents evenings will commence on the week beginning 15th April, 2024. Links will be sent out shortly to arrange your meeting.

Easter break

School and Nursery will close at **2.30 pm on Friday 22nd March**, 2024. Dragonflies will close at **5.00 p.m. School and Nursery re-opens at 8.50 on Tuesday, 9th April, 2024.** (Monday 8th is a staff training day)



Tempest Photography



Tempest photography will be in school on Thursday 2nd May, 2024 for children to have class photographs taken.

Children will need to wear full school uniform on this day.

Parent Pay

Please can we politely remind parents to keep their Parent Pay account in a positive balance to pay for school meals, breakfast club, Before and After School Club services etc. We regularly send text messages as a reminder. Please do not ignore these. **All negative balances must be cleared by the end of each month.** Thank you.

Art Club with Mr. Cawood Year 5/6



Starting after the Easter Holiday, Mr. Cawood will be running an After School Art Club on a Thursday from 3.30 to 4.30pm The Club will be available to Y5/6 children and over 6 weeks they will be building up a multi layered portrait of their favourite celebrity. There will be a gallery on the last evening to showcase their amazing work to parents.

Places are limited, please get a letter from your teacher/office and return the slip as soon as possible.

We are grateful to Mr. Cawood for giving the children this opportunity. Mr. Cawood is a talented artist and we look forward to viewing the children's artwork. Thank you Mr. Cawood.

Speech and Language Drop In

Speech and Language Drop in

For parents of children under

An opportunity to speak to our Speech and Language Therapist and

Assistants

about your child's speech, language and communication.

Bring your child along to play.

Dates and Venues:

Saturday 22 nd June 12:30 pm - 2:30 pm - Easingwold Community Library, Market Place Easingwold YO61 3AN

Booking is essential.

To book please email your name, child's name and preferred session to

rachael.hodgson@northyorks.gov.uk

You will receive an allocated time slot to speak to the Speech and Language

Therapist.



Parent's Guide to Cyberbullying



Keeping children safe online

A Parent's Guide to Cyberbullying









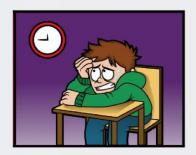
They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with









www.skipssafetynet.org

Meet an Author - Grace Olson

Message from Grace Olson:

I am an author from Leeds and I am going to be doing a book reading at Whiterose Books in Thirsk during the Easter holidays.

I'm wondering if you might be able to let the parents know about this event?

My book is a beautifully illustrated first chapter book for ages 5-10 and the message of the story is, if we are kind to others then we feel happy in ourselves. It also reminds children that real magic surrounds us all the time - in nature.

I use the proceeds of book sales to enable me to treat terminally ill people for free with a combined approach of massage, coaching and animal assisted therapy.

The Thirsk event is on Saturday 23rd March, 11-12 at White Rose Books.

If you'd like to know more about me and my work here is a link to my website.

https://www.graceolsonauthor.com/





Sickness

There seems to be a nasty tummy bug about at the moment. We are encouraging pupils to wash hands and be careful.

Our policy is that children who have a virus which means that they are sick or have diarrhea, or both, need to stay away from school until **48 hours have passed** after the last bout of sickness or diarrhea. This helps prevent the spread of infection in the school. Thank you.

School Uniform/Lost Property

Uniform

We believe a uniform allows all children, regardless of background, to feel equal to their peers and confident in their appearance. We also believe it is important for activities to be facilitated by specialised and appropriate clothing such as sports-specific attire.

Can I take this opportunity at the start of term to remind parents of the expectations for uniform.

Blue School jumpers or cardigans

White/Blue polo shirts

Grey trousers, shorts, skirts, pinafore dress or summer 'gingham' dress.

Sensible black school shoes

Grey, white or black socks, or grey tights

PE kit:

PE kits should be worn on PE days. No football tops and those with logos, expensive trainers etc. You will be directed by your child's class teacher if they require an indoor or outdoor P.E kit, or both.

Indoor Kit:

Black shorts and a plain white T-shirt & pumps or trainers.

Outdoor Kit

Black shorts, school sport hoodie, tracksuit bottoms or leggings, plain white t-shirt, trainers (that are suitable for outdoors), hat/cap if necessary.

Jewellery and make up

Children should not wear jewellery to school. If your child has pierced ears, 'studs' must be worn on school days and these must be removed for PE and swimming.

Nail varnish/ acrylic nails / make up are not allowed.

Lost Property

There is a significant amount of lost property in the box in the hall. Please come and check this/ask to check this at the end of the school day in KS1 playground. Please name ALL uniform so it can be returned.

Dragonflies

Please can we ask that you inform Dragonflies if your child is not attending a pre-booked session, i.e if they are going home with a friend etc. This can be done by contacting Miss Richardson on dragonfly@sowerbyacademy.org .

Girls Football



CURRENT Y6 Girls!

We are looking for current Y6 girls that might have an interest in football.

We are starting a brand new team of Y6 lasses, we already have some be enthusiastic girls that can't wait to get started playing "Real" football matches.

Training is Friday night at Sowerby Sports Village 5-6pm, games are played on a Saturday in the York girls league.

All experience levels welcome, we are happy to work with girls that have never played before as most of our current team hadn't really played much football outside of school until they started with us!

We have a relaxed and experienced coaching team ready to guide your female footballer through the ups and downs of the beautiful game!

There are loads of benefits to playing team sports but we think the very best thing is making friends for life through football!

If you'd like to pop down to training please drop us a message on Facebook or contact Rich Darcy on 07920469082.

Turn on the Subtitles



Did you know that turning on the subtitles on your TV at home is the easiest way to get your child reading?

Doing this can double the chance of your child becoming a good reader. Yes, it's really that simple.

Please visit https://turnonthesubtitles.org/parents/ to see Hollywood legend Jack Black explain how you can turn screen time into reading time in 10 seconds.

If you found this helpful, please share it with as many other parents as possible.

Feast Activities

Free holiday activities and meals for families this Easter

FEAST is back this Easter holiday and better than ever, with a fantastic range of activities to keep your children active, fed and having fun during the school holidays. All children and young people across North Yorkshire can get involved, with free places and a free meal for eligible families, thanks to funding from the Department for Education.

We're turning this Easter break into an adventure-packed extravaganza. From arts and crafts to sports and beyond, there's something for every young explorer to dive into.

If your child is eligible for benefits-related Free School Meals or is made eligible by exception (see the <u>FEAST FAQs</u> for details), you will receive a voucher from their school. This will enable you to book school holiday activities that are part of the FEAST programme for free, using the online platform Holiday Activities. Watch our <u>step-by-step guide</u> on how to redeem your FEAST voucher and book free activities.

Ready to unleash the Easter fun? Head over to the <u>FEAST website</u> now to discover all the incredible activities waiting for your child. Don't miss out on the magic – claim your free place today!



Raring 2go Magazine

https://magazines.raring2go.co.uk/harrogateandyork/spring2024/

Sensory Garden



May we request any unwanted/grown out of wellies for use in our sensory garden. Any unwanted packets of vegetable seeds and sunflower seeds would also be gratefully received. Thank you.

First week back after Easter the Menu Choice will be Week 3.

Menu week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Ham & chesse panini (DF available)	Bolognese with rice	Crispy battered fish & chunky chips
	Tomato & basil pasta	Veggie korma with 50/50 rice	Cheese panini	Creamy Quorn chicken bake	Vegan sausage 8 chunky chips
ACCOMPANIMENTS	Peas & sweetcorn	Peas & carrots	Seasonal salad	Broccoli & sweetcorn	Baked beans
DESSERTS	Fruit flapjack	Jam 8 coconut sponge	White chocolate cookie	Berry sponge	Ice cream
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna and sweetcorn. Ham sandwich	Jacket potato with cheese. Tuna and sweetcorn sandwich	Jacket with beans. Egg sandwich	Jacket with cheese. Ham sandwich	Jacket with cheese. Cheese sandwich



Menu week 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burger with baked potato wedges	Chicken dinner with a yorkshire pudding and creamy mash potato	Meatballs in tomato sauce served with wholemeal pasta	All day breakfast	Crispy battered fish 8 chunky chips
	Quorn™ burger with chips	Quorn chicken dinner with yorkshire pudding and creamy mash	Quorn™ in a Spanish style tomato sauce with rice	Vegetarian all day breakfast	Cheese and onion quiche
ACCOMPANIMENTS	Baked beans	Peas & carrots Salad bar	Seasonal salad	Sweetcorn 8 broccoli Salad bar	Peas & sweetcorn
DESSERTS	Ginger biscuit	Oaty biscuit	Chocolate brownie	Lemon drizzle	Ice cream
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt	Fresh fruit or Yoghurt	Fresh or Yoghurt	Fresh fruit or Yoghurt	Fresh or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna & sweetcorn. Ham sandwich.	Jacket with beans. Tuna & sweetcorn sandwich.	Jacket with cheese. Ham sandwich.	Jacket with beans. Cheese sandwich.	Jacket with cheese. Ham sandwich.



Menu week 3

WEEK 3	@ MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Hot dog served in a bun with chips	Mild Chicken curry with rice	Chicken goujons with half a jacket potato	Sausage and tomato pasta	Crispy battered fish 8 chunky chips
	Veggie sausage hotdog with baked wedges	Quorn chicken in a savoury rice	Quorn sausage roll with half a jacket potato	Cheesy wheel with rice	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 5	Baked beans	Pea & carrots	Salad	Sweetcorn and broccoli	Veggie sticks
DESSERTS	Shortbread	Gingerbread person	Custard cream cookie	Chocolate crunch	Ice Iolly
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh or Yoghurt	Fresh or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato with tuna & sweetcorn. Ham sandwich	Jacket with baked beans. Tuna & sweetcorn sandwich	Jacket potato with cheese. Egg sandwich	Jacket with beans. Cheese sandwich	Jacket with cheese. Ham sandwich



Dates for your diary

Friday 12th April, 2024 - Reports sent out to parents.

Parents Evenings - week commencing 15th April, 2024

Tempest photography will be in school on Thursday 2nd May, 2024

May Day holiday - Monday 6th May, 2024

Teeth Team in school for children who have subscribed on Thursday 18th April, 2024.



APRIL HOLIDAY CLUB



MULTI SPORT Arts & Crafts

9:00am - 3:30pm

Ages 5 - 11

£20 28 spaces

VENUE:

CARLTON MINIOTT PRIMARY ACADEMY THIRSK, YO7 4NJ

DATE:

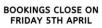
MONDAY 8TH APRIL

PLEASE SEND YOUR CHILD WITH A PACKED LUNCH, SNACKS AND PLENTY TO DRINK

TO BOOK, PLEASE VISIT:
SIMONCARSONSPORTSSCHOOL.CO.UK













For more information and to book head to: www.basecamplearning.co.uk











Sowerby Primary Academy

Topcliffe Road Y071RX

Mon 25th, Tue 2nd, Tue 26th. Wed 3rd. Wed 27th, Thu 4th, Thu 28th Fri 5th March April

8:30am - 4:30pm Ages 5-11 only 22 spaces

IF YOU ARE ELIGIBLE FOR FREE SCHOOL MEAL BENEFITS, YOUR CHILD IS ENTITLED TO A FREE SPACE ON OUR COURSE. HEALTHY MEALS & SNACKS ARE PROVIDED FOR ALL CHILDREN ON EACH DAY!

IF YOU ARE NOT ELIGIBLE FOR FREE SCHOOL MEAL BENEFITS, THERE IS AN OPTION TO PAY £20 PER DAY TO BOOK, ON OUR WEBSITE. WE HAVE 2 ADDITIONAL SPACES ON EACH DAY.

MULTI





TO BOOK A FREE PLACE, PLEASE FOLLOW THE INSTRUCTIONS ON THE 'HOLIDAY ACTIVITIES' VOUCHER WHICH YOU SHOULD HAVE RECEIVED FROM SCHOOL.

HolidayActivities

TO BOOK A PAID PLACE, PLEASE VISIT OUR WEBSITE: SIMONCARSONSPORTSSCHOOL.CO.UK



FOR ANY ADDITIONAL INFORMATION OR QUERIES
OFFICE NUMBER: 07794 281398 or EMAIL: OFFICE.SCSS@GMAIL.COM

Department for Education



















SEND Play in 3 days: Dates: 25th, 26th & 27th March 2024Time: 9:00am - 17:00pmAge: 7-11's Location: Carlton Lodge, The Chicken Shed, Thirsk, YO7 4NJ

Fee: £120 in total for the 3 days * inclusive of meals and snacks. *Free to those with a FEAST CODE To Sign up for the project, please do so

here: https://docs.google.com/forms/d/e/1FAIpQLSfRxFedrBFhTJAdAeift_Yq-iJiyzi5NrjGbn7jM5Hf8CrhWw/viewform

EASTER PERFORMANCE: Over Easter we have an SEND inclusive performance/workshop at Base Camp near Thirsk: Hansel & Gretel. This is a interactive, signed performance created for SEND young people. The performance is accompanied by crafting and a drama workshop, as well as snacks and beverages. **Friday 29th March 9.30am-12pmBasecamp, Baldersby Park, Thirsk, YO7 3BZ**

Tickets and more info £15 - https://basecamplearning.co.uk/holiday-adventures

FREE SEND MONTHLY SESSIONS: Secondly, we are launching monthly sessions at our favourite venue, the Chicken Shed! (See Poster)

Sessions are alternate months for 6-11s and 11+.

The SEND FREE Monthly Sessions is an exciting opportunity to explore individual and group creativity, below are the dates for the monthly sessions including the creative theme. These sessions will be filled with plenty of FUN, exploration and creative development. Join us each month for FREE at the Chicken Shed located in Thirsk.

Time: 10:30am - 12:00pm

Location: Carlton Lodge, The Chicken Shed, Thirsk, YO7 4NJ

If you have any questions or need any more information, please get in touch.

To sign

up: https://docs.google.com/forms/d/e/1FAIpQLSerVsSRcXbbReMYZdRIM atcYzLPdMX5f3elA29TV8V80 nRPg/viewform

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Thunk- It Theatre ADs Becky and

Jules Email: hello@thunkittheatre.co.ukFacebook | Twitter | Instagram | Website | We may send emails outside regular business hours, we do not expect you to reply until your working hours -

Current Projects:'New Girl' - A family theatre performance about difference and friendship, based on the children's book 'Mummy, There's a New Girl'. Next on: Little People UK Conference: 26/08/2023

'Thunk-It Youth Theatre' -Youth Theatre for ages 6-11 and 11+ at Pocklington Arts Centre. Supported by East Riding Council, Hull and East Riding Charitable Trust, Friends of PAC.





The sessions are:

- at Thirsk Astro Pitch, next to Thirsk School
- on Mondays 13th May to 8th July
- 6.30pm to 7.30pm

Any questions contact - thirskhc.enquiries@gmail.com



FIND OUT MORE: hockeyheroes.co.uk

Thirsk Community Library Easter Holidays 2024

Lego Drop In

Tuesdays 26th March and 2nd April 10.00 to 12.00



Come and use our Lego and Duplo

All ages, drop in, no need to book

FREE

Donations welcome

Thirsk Community Library, Meadowfields, Chapel Street, Thirsk YO7 1TH
Phone: 01609 534589

Email: library@thirskcommunitylibrary.org.uk





Easter Hols Activities

At Thirsk Community Library with Chris Geeson Creative Clubs

FREE Activities On the following dates:

Monday 25th March - Make an Easter Card

d(drop in anytime 1-3pm) Enjoy designing and making your own Easter card. Decorate it with pictures of eggs, chicks, bunnies, or whatever you like!





Saturday 30th March – Junk Robots (10-11:30am, please <u>book in advance</u>)
Using some really odd and interesting junk, we'll make some superb robots! Places are limited to 16 participants so please <u>book</u> your FREE places by contacting the library.

Thursday 4th April — Decorate a Butterfly (drop in anytime 10:30am-12:30, but allow at least 30 mins) Spring is here and colours are everywhere. Decorate a

All workshops aimed at children 6-13, with their parents/carers joining in/helping. Younger siblings can be given other activities to do alongside! 01609 534589 or library@thirskcommunitylibrary.org.uk



*Please consider making a donation to the library to help with running costs

Visit "Chris Geeson Creativeclubs" on Facebook



Term Dates Academic Year 2024/2025

The term and holiday dates for the academic year 2024/2025 are on the school website. Please click on the link below to view these. Thank you. https://www.sowerbyacademy.org/home/term-dates

Attendance and Authorised Holiday

I am sorry but we are not able to authorise any holidays in term time. Its is imperative that we close educational gaps created by lost learning and we must follow DfE guidance on this. Thank you for your understanding. Exceptional Circumstances Leave Request form must be submitted prior to leave being taken. This is also available on school website (parents tab/parents information)

Attendance is very important and this is monitored for every child. Any child with attendance below 90% is classed as PA Persistent Absence and we have a duty of care to follow this through to see how we can support this getting better. We would communicate concerns about attendance, in the first instance, by letter. Letters for last term will be sent out this week.

Attendance last week of term

Whole School: 97.62%

Unauthorised Absence: 0.34%

Best class attendance last week: 100% Rashford Class Well done!

School Calendar



Please follow the link to calendar of events this term on our website.

Up and coming events